



Cabinet of the
Lieutenant Governor of Quebec

BY EMAIL

Quebec, November 5, 2025

Madam, Sir,

As part of her Honours and Awards Program, the Honourable Manon Jeannotte, Lieutenant Governor of Quebec, wishes to present the **Lieutenant Governor's Seniors Medal** to remarkable individuals whose commitment and kindness enrich the life of their community or organization.

Year after year, this distinction highlights inspiring women and men who, through their generosity, sense of duty, and spirit of mutual support, help build a more united and compassionate Quebec.

We are therefore seeking your valued collaboration, both in submitting one or more nominations and in sharing this information with organizations and partners in your community. With your support, we are able to highlight and celebrate those whose exemplary contributions reflect the vitality, wisdom, and wealth of experience of our seniors.

The medal presentation ceremony, presided over by the Lieutenant Governor, will take place in the spring of 2026, within your administrative region. This event, filled with pride and emotion, is a unique opportunity to publicly honour these exceptional citizens.

To ensure efficiency and support sustainable practices, **the nomination process is now carried out entirely online.**

Important Information

- Deadline for submitting nominations: **February 1st, 2026**
 - [Online nomination form](#) available on the website as of November 1st, 2025.
 - Additional information available on the [website](#)
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Contact Us

- Email : distinctions@mce.gouv.qc.ca
 - Toll-free telephone : 1 (866) 791-0766
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We sincerely thank you for your continued collaboration and for your commitment to highlighting the invaluable contributions of seniors to Quebec society. Together, let us honour those who, through their journey and their actions, continue to inspire future generations.

Please accept, Madam, Sir, the expression of our highest regards.

Chief of Staff,



Christophe Navel, Ph.D.